

# The Relational Disciple



## Encourage Each Other

**Discipleship groups purpose:** Each member being transformed into the image of the Son.

**Key Truth:** Encouragement always builds and never pulls down.

**Read:** Encouragement plays a significant part in building a person up and yet at times it can be the most forgotten truth. Why is this the case? Because for many it does not come naturally. While this may not be natural for us all, we must learn to put encouragement on, because of the power of what it does in and to a person.

One word of encouragement wrapped in love can be the difference between some one continuing in the pursuit and life in Christ or not. The power of encouragement is massive and the bible teaches us in 1 Thessalonians 5:11 that we are to "encourage one another and build up one another, just as you also are doing."

It was king David who learnt to encourage himself in the Lord after his men turned on him. This is also an essential part of our relationship with Christ. There is real power in our words and they can bring life or death to a person or into a situation. Let's all commit to being a people who encourage one another to be all we can be in Christ.

### **1 Thessalonians 5:11**

***Therefore encourage one another and build up one another, just as you also are doing.***

### **Questions:**

1. How often do we find ourselves encouraging one another?
2. Do we find encouragement comes naturally to us or is it something we find difficult?
3. Share an experience of someone encouraging you and what this did for you?
4. Why is it important to speak words of encouragement over our own lives?

Pray and encourage one another to press in to all God has for us.